

Can I do anything about climate change?

YES
YOU CAN

Doing just one thing can make an impact...

- ✓ Switch to a 100% renewable energy supplier.
- ✓ Leave the car at home – consider walking, cycling or public transport to make massive savings on your emissions.
- ✓ Reduce your meat and dairy intake.



UK Greenhouse gas emissions 2019
(Office for National Statistics)



How do our food choices impact our climate?

With regards to the greenhouse gas emissions that cause global warming...

1

Food production is responsible for how much of the world's total (approx)?

- A) 52%
- B) 26%
- C) 13%
- D) 6%

2

Which activity contributes most in the food supply chain?

- A) Processing
- B) Packaging
- C) Transport
- D) Waste

3

What proportion of dietary emissions are meat and dairy responsible for in an average European's diet?

- A) 96%
- B) 83%
- C) 69%
- D) 34%



Find the answers inside. Look for the black rectangle.

Take home messages:

Food choices can make a big difference! By avoiding waste through meal planning before we shop we can impact on the 1/3 of waste related emissions caused by us consumers.



The proportion of emissions from plant-based foods is much less (17%). Having a meat-free meal a week is a great place to start.



*More here:
<https://ourworldindata.org/food-ghg-emissions>,
<https://ourworldindata.org/food-waste-emissions>*

What else?

Share your concern with those in positions of power, and hold them to account!

- ✔ Tell your MP that government must do more
- ✔ Tell Boris Johnson to grasp the COP26 opportunity – **sign the Climate Coalition's Declaration here:**

www.theclimatecoalition.org/declaration

- ✔ Keep talking about climate breakdown and its solutions– the planet needs your voice!
- ✔ Join us - search for Climate Action Frodsham to sign up to our e-mailing list



18-26th September

A national event run by the Climate Coalition

▪ Frodsham schools, churches, shops and restaurants are getting involved

▪ Frodsham Methodist Church is running an "Eco-Fair" Saturday 25th | 10am-4pm with talks, stalls, demonstrations and refreshments!

▪ Climate Action Frodsham are hosting an event "What Next? - Ideas for a better future!" via zoom Thursday 23rd September